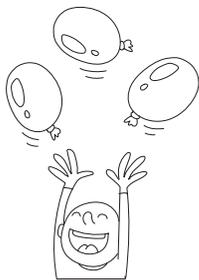


WORLD RECORD BREAKER

In this **Joybox** you'll find everything you need to **break the records** listed below. Ready to sweat, swear, huff, puff, try again and then all of a sudden smash a record together? Get a stopwatch (there's one on every smartphone) and let's get ready to **break some records!**

Record 1: Stick the largest number of post-it notes on your face in 30 seconds. You can stick them all over your face, but not on your eyelids or your neck. They can only stick to your skin. This record is currently held by Silvio Sabba, who managed to stick on no less than 38 notes.



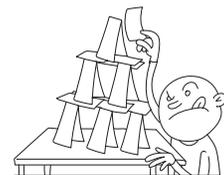
Record 2: Keep three balloons in the air as long as possible without holding them. The balloons cannot touch any obstacles or other people. This record is held by Abinabha Tangerman, who kept the three balloons in the air for 39 minutes and 39 seconds.

Record 2.5: Keep 2 balloons in the air as long as possible using only your head. The same Abhinabha Tangerman holds this record as well because she did it for 1 minute and 9 seconds.



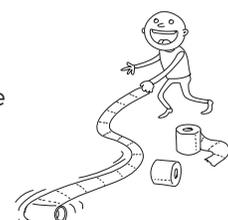
Record 3: Tape someone against a wall with strong tape as fast as you can. This record is held by Rita Furman, who managed it in 26.69 seconds.

Record 4: Build a house of cards with three floors as fast as you can. This record is held by Silvio Sabba, who did it in 6.8 seconds.



Record 5: Eat as many M&M's as possible in 1 minute, with chopsticks! The record is 65 and is held by Kathryn Ratcliffe. Don't have M&M's? You can also do it with beans, grapes or peas.

Record 6: Unroll a full toilet roll as quickly as possible with one hand. Do this in less than 9.8 seconds to beat the record.



DO YOU WANT TO BEAT A COUPLE MORE?

Here are some other fun records you can do with things you can find around the house:

- Put on the most socks on 1 foot in 30 seconds. 28!
- The largest bubblegum bubble that was blown was 50.8 cm in diameter. Make sure you don't use your hands!
- Solve 3 Rubik's Cubes as quick as you can, using both hands and feet record time? 1 minute and 36.39 seconds.
- The largest number of ice cream scoops on a single cone. This record currently stands at 125 scoops, which remained balanced on the cone for 10 seconds. Think you can do better?
- Wear as many T-shirts as possible. This record stands at 260 T-shirts. Wow!
- Stack as many plastic bottle caps as possible in 1 minute. The record stands at 43.
- Stack as many coins as possible in 1 minute. The record is a tower of 69 coins.
- Balance as many CDs as possible on one finger. This record stands at 247.
- Balance as many spoons as possible on your face at one time. This record stands at 31 spoons that hung there for a minimum of 5 seconds.
- How many bottle flips can you do, blindfolded, in 1 minute? American Josh Horton managed 27.
- Feeling peckish? The fastest time to eat a jam or custard doughnut without using your hands: 11.41 seconds.
- Balance 4 eggs on top of each other and make sure they stay upright.
- Throw 9 tea bags into a mug from a few yards away, in 30 seconds.

GOOD LUCK!
Break a leg and a record!

What's in it?

- | | |
|---------------|-------------------|
| Post-it notes | A ton of balloons |
| Playing cards | Chopsticks |
| A toilet roll | Duct Tape |

JOY BOX

